

Power Bowls

BOWL & COFFEE COMBO | P300

ALL BOWLS ARE SERVED WITH FRESH ISLAND FRUITS AND OUR HOME MADE VEGAN GRANOLA (CONTAINS NUTS)

¡¡BOM DIA!! | P250

ACAI, BANANA, MANGO, PINEAPPLE, BERRIES, COCONUT MILK. We located the fountain of youth deep in the amazon of Brazil and brought it back with us to share with you. With its anti-aging, anti-cancer, high energy, immune & libido boosting properties... The carnival awaits!

CLOUD 9 KOOK | P250

BANANA, PEANUT BUTTER, CACAO & COCONUT MILK. The sweetness out of the bowl will hit you in the face like a 6ft set, scratching the nutty reef, resurfacing, taking in all the goodness and screaming as you watch your mates pull in before racing out the back wanting more!

GREEN OUT | P250

KALE, SALUYOT, CUCUMBER, SPIRULINA, GINGER, PINEAPPLE, MANGO, & COCONUT MILK. Save the cows coz Kale has more Iron than meat and more Calcium than milk. An all green bowl of goodness with some mango and pineapple to sweeten your day. You wouldn't believe something so green, could taste sooo good!

BAKUNAWA BOWL (SEASONAL) | P250

DRAGON FRUIT, BANANA, PINEAPPLE, BERRIES, BEE POLLEN, & MANGOSTEEN JUICE. This fruit is as elusive as its named mythical creature, so elusive in fact that this bowl is only available through small periods of the year... Here's hoping you're fortunate enough to slay this dragon!

SUPER BOWL | P250

QUINOA, YOGURT, ISLAND FRUITS, GRANOLA. With yogurt, our home made granola, and island grown fruits, you can be sure that every taste bud on your tongue will praise you for making this delicious and nutritious choice! *Choose between natural yogurt or coconut milk.

BLISSFUL BUTTERFLY | P250

BANANA, KIWI, APPLE, BUTTERFLY PEA FLOWER, COCONUT. This bowl will have your heart fluttering! We've extracted the gorgeous butterfly pea flowers blue properties of anti stress, anti ageing, anti diabetic and fever reducing attributes and mixed it with some delicious fruits. This bowl is not only amazingly good for you, but is damn satisfying on the buds too!

Smoothies

COCONANA | P200

BANANA, CHIA SEEDS & COCONUT MILK. Start your day buzzing with this banana booster, perfect for your pre-surf energy hit!

TROPOLOCO | P200

PINEAPPLE, MANGO, BANANA, COCONUT FLESH & COCONUT WATER. For those who have wondered what it would taste like to live in an Igloo, wonder no more. This chilled number will have your body thinking you're ice skating the lakes of Tahoe naked, confusing your brain as to why you are surrounded by palm trees!

BERRYGOODNICE | P200

MIXED BERRIES, BANANA, GRATED COCONUT & COCONUT WATER. Increase your life force by taking a walk through Ben Harper's strawberry fields with this infusion of berries, with all the right amino acids and antioxidants, your body will be feeling as smooth and as soulful as the delightful Mr. Harper sounds!

ISLAND DREAM | P200

PINEAPPLE, MANGO, COCONUT, MIXED BERRIES & CALAMANSI JUICE. A hammock, a good book, some lapping waves, sand between the toes, a cool ocean breeze rustling the palm fronds, you my friend are living the island dream!

Fresh Cold Press Juices

FLU FIGHTER | P180

ORANGE, CARROT, PINEAPPLE, GINGER, MANGO. Better than a jab in the arm, this immunity shot is packed full of Vitamin C and your body will love you for it!

JOHN LEMON | P180

PINEAPPLE, LEMON, WATERMELON, APPLE & LEMON GRASS. *Imagine a day in the life of Sgt. Pepper*, this little *day tripper* will not only satisfy the taste buds but will also make you *twist & shout* - "I AM THE WALRUS!!!"

MIXED MUTT | P180

APPLE, WATERMELON, ORANGE, CALAMANSI, PINEAPPLE, MALUNGGAY, MANGO, CUCUMBER, GINGER, CARROT, MINT, LEMON. For the street dog that's looking to go their own way, pick between 3 & 5 of the above ingredients.

GREEN DAY | P180

KALE, PINEAPPLE, WATERMELON, CALAMANSI, MINT. Why eat a salad when you can down this fresh and super cocktail?

LADY IN RED | P180

BEETROOT, WATERMELON, GINGER, CARROT, CALAMANSI. Once you taste her it's love! This sweet lady is full of Vitamin A and Potassium as well as anti Cancer properties, but will also aid in lowering your blood pressure, so its a subtle love really.

JUNGLE JUICE | P180

APPLE, ORANGE, GINGER, CALAMANSI, CUCUMBER AND MALUNGGAY. Bring out your inner Jane or Tarzan!

Super Extras

BEE POLLEN P30

SPIRULINA P30

CHIA P30

MACA P30

CACAO NIBS P30

ACAI P40

GRANOLA P30

YOGURT P30

Loose Leaf Teas

ALL TEAS ARE STRONG ENOUGH TO BE RE-STEEPED UP TO 3 TIMES.

LYCHEE BLACK TEA	P100
HAJI CHA GREEN TEA	P100
JASMINE FLOWER TISANE	P120
CHAMOMILE FLOWER TISANE	P120
IMPERIAL GINSENG OOLONG	P120
BUTTERFLY TEA	P130

Tea for Two

RED AMARANTH BLOOMING FLOWER P200

Coffee

ESPRESSO	P 80
CAFE LATTE	P120
CAPPUCCINO	P120
FLAT WHITE	P120
LONG BLACK	P120
MACCHIATO	P120
ICED COFFEE	P120
MATCHA LATTE	P140

*ADD P20 FOR SOY MILK



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