

# Power Bowls

## BOWL & COFFEE COMBO | P320

ALL BOWLS ARE SERVED WITH FRESH ISLAND FRUITS AND OUR HOME MADE VEGAN GRANOLA (CONTAINS NUTS)

### ¡¡BOM DIA!! | P270

ACAI, BANANA, MANGO, PINEAPPLE, BERRIES, COCONUT MILK. We located the fountain of youth deep in the amazon of Brazil and brought it back with us to share with you. With its anti-aging, anti-cancer, high energy, immune & libido boosting properties... The carnival awaits!

### CLOUD 9 KOOK | P270

BANANA, PEANUT BUTTER, CACAO & COCONUT MILK. The sweetness out of the bowl will hit you in the face like a 6ft set, scratching the nutty reef, resurfacing, taking in all the goodness and screaming as you watch your mates pull in before racing out the back wanting more!

### GREEN OUT | P270

MALUNGGAY, SALUYOT, CUCUMBER, SPIRULINA, GINGER, PINEAPPLE, MANGO, & COCONUT MILK. Save the cows coz Malunggay has more Iron than meat and more calcium than milk. An all green bowl of goodness with some mango and pineapple to sweeten your day. You wouldn't believe something so green could taste sooo good!

### BAKUNAWA BOWL (SEASONAL) | P270

DRAGON FRUIT, BANANA, PINEAPPLE, BERRIES, BEE POLLEN, & MANGOSTEEN JUICE. This fruit is as elusive as its named mythical creature, so elusive in fact that this bowl is only available through small periods of the year... Here's hoping you're fortunate enough to slay this dragon!

### SUPER BOWL | P270

QUINOA, YOGURT, ISLAND FRUITS, GRANOLA. With yogurt, our home made granola, and island grown fruits, you can be sure that every taste bud on your tongue will praise you for making this delicious and nutritious choice!

\*Choose between natural yogurt or coconut milk.

### BLISSFUL BUTTERFLY | P270

BANANA, KIWI, APPLE, BUTTERFLY PEA FLOWER, COCONUT. This bowl will have your heart fluttering! We've extracted the gorgeous butterfly pea flowers blue properties of anti stress, anti ageing, anti diabetic and fever reducing attributes and mixed it with some delicious fruits. This bowl is not only amazingly good for you, but is damn satisfying on the buds too!

# Smoothies

### COCONANA | P220

BANANA, CHIA SEEDS & COCONUT MILK. Start your day buzzing with this banana booster, perfect for your pre-surf energy hit!

### TROPOLOCO | P220

PINEAPPLE, MANGO, BANANA, COCONUT FLESH & COCONUT WATER. For those who have wondered what it would taste like to live in an Igloo, wonder no more. This chilled number will have your body thinking you're ice skating the lakes of Tahoe naked, confusing your brain as to why you are surrounded by palm trees!

### BERRYGOODNICE | P220

MIXED BERRIES, BANANA, GRATED COCONUT & COCONUT WATER. Increase your life force by taking a walk through Ben Harper's strawberry fields with this infusion of berries, with all the right amino acids and antioxidants your body will be feeling as smooth and as soulful as the delightful Mr. Harper sounds!

### ISLAND DREAM | P220

PINEAPPLE, MANGO, COCONUT, MIXED BERRIES & CALAMANSI JUICE. A hammock, a good book, some lapping waves, sand between the toes, a cool ocean breeze rustling the palm fronds, you my friend are living the island dream!

## SUPER EXTRAS

BEE POLLEN P30	CACAO NIBS P30
SPIRULINA P30	ACAI P40
CHIA P30	GRANOLA P30
MACA P30	YOGURT P30

# Loose Leaf Teas

LYCHEE BLACK TEA	P100
HAJI CHA GREEN TEA	P100
JASMINE FLOWER TISANE	P120
CHAMOMILE FLOWER TISANE	P120
IMPERIAL GINSENG OOLONG	P120

# FRESH COLD Press Juices

### FLU FIGHTER | P200

ORANGE, CARROT, PINEAPPLE, GINGER, MANGO. Better than a jab in the arm, this immunity shot is packed full of Vitamin C and your body will love you for it!

### JOHN LEMON | P200

PINEAPPLE, LEMON, WATERMELON, APPLE & LEMON GRASS. Imagine a day in the life of Sgt. Pepper, this little day tripper will not only satisfy the taste buds but will also make you twist & shout - "I AM THE WALRUS!!!"

### MIXED MUTT | P200

APPLE, WATERMELON, ORANGE, CALAMANSI, PINEAPPLE, MALUNGGAY, MANGO, CUCUMBER, GINGER, CARROT, MINT, LEMON. For the street dog that's looking to go their own way, pick between 3 & 5 of the above ingredients.

### GREEN DAY | P200

MALUNGGAY, PINEAPPLE, WATERMELON, CALAMANSI, MINT. Why eat a salad when you can down this fresh and super cocktail?

### LADY IN RED | P200

BETROOT, WATERMELON, GINGER, CARROT, CALAMANSI. Once you taste her it's love! This sweet lady is full of Vitamin A and Potassium as well as anti Cancer properties, but will also aid in lowering your blood pressure, so its a subtle love really.

### JUNGLE JUICE | P200

APPLE, ORANGE, GINGER, CALAMANSI, CUCUMBER AND MALUNGGAY. Bring out your inner Jane or Tarzan!

COULD BE RE-STEEPED UP TO 3 TIMES

BUTTERFLY TEA P130

TEA FOR TWO

RED AMARANTH BLOOMING FLOWER P200

# Morning Glory

UNTIL 12PM

### BANANA & WALNUT TOAST | 110

All vegan fruit & nut baked daily

### CHIA PUDDING | 170

Chia seeds whipped through coconut cream with layered mango, banana, dragon fruit and toasted oats

### FUNKY FUNGUS | 290

Garlic & chilli mushrooms, spinach, roasted tomato, avocado and our vegan hollandaise sauce on an open baguette

### SHAKA PANCAKES | 300

Matcha infused pancakes, berries, mango & banana flambéed in brandy with coconut ice-cream

# Coffee

ESPRESSO	P100
MACCHIATO	P120
CAFE LATTE	P140
CAPPUCCINO	P140
FLAT WHITE	P140
LONG BLACK	P140
ICED COFFEE	P140
MATCHA LATTE	P160

\*ADD P20 FOR SOY MILK

HOMEMADE  
SOFTDRINKS

GLASS 120, PITCHER 300

LEMON LIME BITTERS • GINGER BEER

MIXED BERRY • TROPICAL FIZZ

# Shaka Burgers

FROM 12PM

ALL BURGERS ARE 100% VEGAN AND COME WITH THE CHOICE OF POTATO FRIES WITH OUR HOME MADE TOMATO JAM OR OUR FRESH SIDE SALAD OF THE DAY. OUR BUNS ARE VEGAN AND WE HAVE A RANGE OF GLUTEN FREE ALTERNATIVES. PLEASE ASK OUR STAFF.

BUY ANY BEER AND BURGER TOGETHER AND RECIEVE A P30 DISCOUNT

## SAWADEE KHAP | 350

2 chickpea based patties infused with garlic, ginger and lemongrass. A sweet Thai lemon pickle of cucumber and carrot, smeared with a curried cashew cream, topped with a balsamic pumpkin sauce all stuffed in to a baguette

## THE BOMBAY ROYALE | 350

A Diwali festival inspired curried potato rosti filled with cauliflower, cashews and peas stacked tomato and sweet pickles, dolloped with a Kerelan papaya chutney and coconut butter spread crammed in to a baguette like residents of a Mumbai slum

## SLOPPY JOSÉ | 320

Josè has had a big night on the Mezcal and has come up with the perfect recovery meal Dos rojo y blanco frijol patties pressed together with maiz, green chilli & spices, caramelised fresh piña, dancing a tomate y jalapeño salsa with Josè left dribbling in a cashew vegan queso sauce and a muy bueno guacamole

## CLOCKWORK ORANGE | 320

A crazy concoction of sweet potato & roasted garlic, Sautéed spinach, mango & mushrooms wiped with a roasted garlic mayo, all pulled together as an emotionally distressed delicate burger

## WAK WAK | 330

This burger is so good its scary. A crispy green patty made up of herbs, leaves, peas and corn. Topped with a ghostly carrot and potato sauté. Drowning in a completely vegan dijon and sundried tomato mayo

# THE MAIN Headline

FROM 12PM

## VEGETABLE LASAGNA | 330 W/ SALAD

Tomato, eggplant, carrot, pumpkin, vegan béchamel sauce & side salad

## MANGO & RED BEAN CURRY | 300

Fresh mango and red bean blended with some Indian spices & coconut rice, served with a side salad

## SMOKEY NACHOS | 330

Smoked jackfruit, spicy tomato & bean salsa, vegan cheese sauce, lettuce, corn chips and a dollop of guacamole

## PAD THAI W/ | 300 TAMARIND JACKFRUIT

Rice noodles, tamarind jackfruit, beans, carrot, corn, fried onion, crumbled cashews

## VEGE TACOS | 280

2x crispy wheat shell taco's, lettuce, grilled veggies, spicy tomato salsa, vegan cheeses sauce, guacamole

## THE WORKS SALAD | 310

Spinach, corn, beetroot, tomato, cucumber, onion, carrot, walnut, sultanas, almond flakes, apple, orange, kiwi, shaka dressing

## ROASTED ROOT SALAD | 320

Golden quinoa, tossed kale & basil, roasted pumpkin, beetroot, peppers, tomato, pine nuts & carrots, sultanas, blueberry and caramel onion sauce

PLEASE SEE OUR DISPLAY  
CASE FOR SOME  
TEMPTING DESSERTS

# TO SHARE, OR NOT To Share

## SALSA DUET | 200

A sweet mango dip complimented with a fiery roasted tomato dip served with corn chips

## VEGAN CHILLI | 180 CHEESE STICKS

Rice paper wrapped chilli sticks stuffed with vegan cheese

## POTATO FRIES | 180

Fresh cut potato fries with our homemade tomato jam

## PORTOBELLO SLIDERS | 280

Vegan cheese, red onion and capsicum pressed between 2 portobello mushrooms

# The Hard Stuff

## WATERMELON SANGRIA 1.25L | 650

Red wine, vodka, cointreau, watermelon, calamansi juice, mint, coconut sugar syrup

## ESPRESSO MARTINI | 280

Vodka, kahlúa, espresso coffee, raw sugar syrup

## COCONUT COLADA | 270

Spiced Rum, vodka, pineapple juice, coconut cream

## WHISKEY SOUR | 260

Straight whiskey, splash of lemon, topped with a sweet emulsified froth

## MANGO MARGARITA | 260

Tequila, tripple seq, lime juice, mango

## LEMON GRASS MOJITO | 250

White rum, lemongrass, ginger ale, mint, basil, lime juice

The **Cebruary**  
TASTE THE CRAFT REVOLUTION

## PEOPLE POWER ALE 5.2% | 190

Tropical Pale Ale

## CHOCOLATE HILLS PORTER 5.8% | 190

Caffeinated Stout

## DUMAGUETE DUBBLE 7.0% | 190

Belgian Darl Ale

## BORACAY BLONDE 4.5% | 190

Blonde Ale

## LAS ISLAS PILIPINAS IPA 6.2% | 190

Indian Pale Ale

## CROCODILE TEARS 7.1% | 220

Ipa

## BIG EYE-PA 9.8% | 220

Double Ipa



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